

Drug Free Schools and Campuses Regulations

[Education Department General Administrative Regulations (EDGAR) Part 86]

2014 Biennial Review Report

INTRODUCTION

In compliance with Drug Free Schools and Campuses Regulations [EDGAR Part 86], a meeting was held on Monday, December 19, 2014, at 10AM at the Campus Health Service to conduct a Biennial Review of the effectiveness of The University of Arizona's (UA) alcohol and other drug (AOD) programs and the consistency of policy enforcement. The Biennial Review meeting was chaired by Dr. Harry McDermott, Executive Director of the Campus Health Service.

Participants included: Brian Seastone (University of Arizona Police Department - UAPD), Steve Holland (Risk Management Services), Johanne Ives (Fraternity & Sorority Programs), David Salafsky (Campus Health Service, Health Promotion & Preventive Services), Mary de Ranitz (Office of the General Counsel), Cathy Nicholson (Human Resources), Becky Bell (UA Athletics), John Wheeler (Residence Life) and Chrissy Lieberman (Dean of Students Office).

Meeting notes were taken by Margot Havas of the Campus Health Service and the final report was prepared by David Salafsky.

OBJECTIVES

The task of the Biennial Review Committee, as outlined by the U.S. Department of Education's Complying with the Drug-Free Schools and Campuses Regulations manual, is:

- To determine the effectiveness of, and to implement any needed changes to, the University's AOD program (policy, enforcement measures, prevention and intervention programming); and
- 2) To ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

To facilitate this task, the Biennial Review Committee utilized the *Part 86, Drug-Free Schools* and *Campuses Regulations Compliance Checklist*. Additionally, participants discussed three specific topics with regard to AOD issues at the UA:

- a. What are the current alcohol and other drug programs (policy, enforcement measures, prevention, and intervention activities) in place at the UA, and are they effective in preventing and reducing the illegal use of alcohol and other drugs on campus?
- b. Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at the UA consistently enforced?
- c. Looking to the future, what new ideas, strategies and/or partnerships could the UA pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

Results of the checklist review and discussion are provided in this report.

PART 86, DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS COMPLIANCE CHECKLIST

1. Does the institution maintain a copy of its drug prevention program? Yes If yes, where is it located?

The UA offers many drug prevention programs, aimed at various audiences, which are implemented and evaluated by departments across campus. Descriptions of these programs are publically accessible through the www.drugfree.arizona.edu website, which was developed following the 2008 Biennial Review. Campus departments that utilize AOD programming include Athletics, the Campus Health Service, Risk Management Services, Human Resources, Life & Work Connections (LWC) - Employee Assistance, Residence Life, the Dean of Students Office and the UA Police Department. Descriptions of specific AOD prevention programs and policies can be obtained through these campus departments, and are briefly detailed in this report.

In 2012, representatives from the U.S. Department of Education visited UA and requested information related to the UA's compliance with Drug-Free Schools and Campuses Regulations. When directed to the www.drugfree.arizona.edu website and the resources found there, the auditors offered very positive feedback in both the work that was outlined around drug prevention programming and the transparent way this was conveyed through a dedicated website.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?

a) Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities

Students: Yes Staff and Faculty: Yes

b) A description of the health risks associated with the use of illicit drugs and the abuse of alcohol

Students: Yes Staff and Faculty: Yes

c) A description of applicable legal sanctions under local, state, or federal law Students: Yes Staff and Faculty: Yes

d) A description of applicable counseling, treatment, or rehabilitation or reentry programs

Students: Yes Staff and Faculty: Yes

 e) A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions

Students: Yes Staff and Faculty: Yes

COMMENTS:

The UA sends students and employees an electronic notification (e-mail) that describes and contains the information stated in Part 86, item #2. Since the last biennial review, all students received this notification on 3/4/13, 11/15/13 and 10/30/14 via an email titled "UA Statement on Drug Free Schools and Campuses" from the Senior Vice President for Student Affairs and Enrollment Management/Senior Vice Provost for Academic Initiatives and Student Success. Employees received the notification on 3/4/13, 11/27/13, and 10/17/14 from the VP of Human Resources. Copies of both email notifications are provided in the appendix to this report.

The UA will plan to continue to deliver these notifications each fall and spring semester going forward to offer students and staff an additional opportunity to review this information, particularly if their enrollment or start date begins after the fall semester.

In addition to the email notifications mentioned above, students and employees also receive part or all of this information via one or more of the following venues:

(STUDENTS) Orientation sessions with all incoming students and their parents, Residence Life code of conduct forms, the Student Organization Handbook, the UA Annual Campus Safety and Security Report, the mandatory e-Check Up to Go

alcohol prevention program for all first-year students, NCAA AOD alerts posted for all UA athletes, fraternity and sorority new member programming, drug testing consent forms signed by all UA student athletes, meetings with administrators in the Dean of Students office and through their website.

(EMPLOYEES) Human Resources workbooks distributed during new employee orientations, LWC-Employee Assistance-provided supervisor and employee trainings and consultations, the Commercial Driver's License program, the UAAnnual Campus Safety and Security Report, and the UA Human Resources website.

- 3. Are the above materials distributed to students in one of the following ways?
 - a) Mailed to each student (separately or included in another mailing)
 Yes, by electronic mail (see 3f for further explanation)
 - b) Through campus post office boxes
 No. The University's official means of communicating with students is through students' University-authorized email addresses.
 - c) Class schedules which are mailed to each student Not applicable
 - d) During freshman orientation Yes
 - e) During new student orientation Yes
 - f) In another manner (describe) Students receive an email from the Senior Vice President for Student Affairs and Enrollment Management/Senior Vice Provost for Academic Initiatives and Student Success that includes all the items listed in Part 86, item #2. Students will receive this same email during fall and spring semesters to notify those students who may enroll mid-academic year. Other venues for material/information distribution include the UA AOD website (www.drugfree.arizona.edu) and departmental websites, student-administrator meetings (both individual and group), on-campus new and transfer student orientation sessions), electronic postings and AOD-related programs and services.
- 4. Does the means of distribution provide adequate assurance that each student receives the materials annually?

COMMENTS:

The Biennial Review Committee is confident that the electronic transmission of materials stated in Part 86, item #2 will ensure that all current and future UA students receive this information.

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

Yes, see 3f above.

COMMENTS:

The Committee's plan to send email notifications containing all information stated in Part 86, item #2 to all students in both the fall and spring semesters will ensure that students who enroll mid-academic year will receive this information as well.

6. Are the above materials distributed to staff and faculty in one of the following ways?

a) Mailed

Staff: Yes (E-mail) Faculty: Yes (E-mail, see 6d for further explanation)

b) Through campus post office boxes

Staff: No

Faculty: No

c) During new employee orientation

Staff: Yes

Faculty: Yes

- d) In another manner (describe) Staff and faculty receive an email from the VP of Human Resources via the ALL EMPLOYEE listserv which includes all the items listed in Part 86, item #2. The plan going forward is to distribute this information to UA employees twice a year, once in the fall semester and once in the spring semester. Other venues for material/information dissemination include the UA AOD website (www.drugfree.arizona.edu), the LWC-Employee Assistance websites, supervisor/administrator-employee meetings (both individual and group) and consultations, new employee orientations, and employee trainings.
- 7. Does the means of distribution provide adequate assurance that each staff and faculty member receives the materials annually?

Students: Yes

Staff and Faculty: Yes

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Students: Yes Staff and Faculty: Yes

- 9. In what ways does the institution conduct Biennial Reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?
 - a) Conduct student alcohol and drug use survey
 Yes
 - b) Conduct opinion survey of its students, staff, and faculty

Students: Yes Staff and Faculty: No*

c) Evaluate comments obtained from a suggestion box

Students: No Staff and Faculty: No*

* While the UA does not have a "suggestion box," LWC-Employee Assistance does conduct annual surveys of its clients, and evaluates comments from other sources, e.g., individuals, groups, and unsolicited feedback. LWC also collects evaluations from attendees of Drug-Free Workplace presentations to evaluate whether or not the stated goals were achieved.

d) Conduct focus groups

Students: No Staff and Faculty: No

e) Conduct intercept interviews

Students: Yes Staff and Faculty: No

f) Assess effectiveness of documented mandatory drug treatment referrals for students and employees

Students: Yes – While the SHADE alcohol diversion program offered to UA students who violate AOD policies is optional, evaluation of the program has shown significant decreases in alcohol consumption and related harm and risk among program participants at follow up, supporting the program's effectiveness. Repeat offences for AOD issues continues to be low.

Staff and Faculty: No – The University of Arizona does not mandate drug treatment for employees. However, LWC assesses and refers to substance abuse providers those employees who voluntarily seek help with an AOD problem. These employees are often referred to LWC by supervisors who suspect an employee may be engaged in

AOD use. Violations are addressed through progressive disciplinary action – up to and including discharge.

g) Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees

Students: Yes - Given the low numbers of students who are repeat offenders for AOD related infractions, disciplinary sanctions (including educational requirements) appear to be effective.

Staff and Faculty: Yes – The effectiveness of disciplinary sanctions are evident. Employees are discharged for serious violations of AOD policies. If the infraction is not serious, appropriate disciplinary action is taken and employees are referred to LWC-Employee Assistance, which can provide referrals to community-based substance abuse providers.

h) Other (please list) – Other evaluation procedures include the UA Annual Campus Safety, Security, and Fire Safety Report, the Hazing Hotline, emailed feedback regarding AOD programs/referrals, in-person interviews, and results from random institutional drug testing among athletes.

10. Who is responsible for conducting these Biennial Reviews?

The UA Safe and Drug Free Schools and Campuses Act Biennial Review Committee is responsible for overseeing Biennial Reviews. The committee is led by The University of Arizona Campus Health Service and involves representatives from the Athletics Department, Human Resources/Life & Work Connections-Employee Assistance, Residence Life, Dean of Students Office, Risk Management Services, the UA Police Department, and the Office of the General Counsel.

11. If requested, has the institution made available, to the Secretary of Education and the public, a copy of each requested item in the drug prevention program and the results of the Biennial Review?

Yes. If requested, The University of Arizona will make available to the Secretary and the public a hard copy of each requested item in the drug prevention program and the results of the Biennial Review. Such a request was made during a DOE audit of the UA in September 2012. A copy of each requested item, including the past Biennial Review reports, was provided to the DOE staff performing that audit. An electronic copy of the Biennial Review report is also publically accessible at http://drugfree.arizona.edu/reports.htm.

12. Where is the Biennial Review documentation located?

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Online: http://drugfree.arizona.edu/reports.htm

COMMITTEE DISCUSSION

In addition to completing the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist, Committee members addressed each of the discussion questions below and provided information pertinent to these items.

A1) What are the current alcohol and other drug programs (policy, enforcement measures, prevention, and intervention activities) in place at the UA, and are they effective in preventing and reducing the illegal use of alcohol and other drugs on campus?

Provided below is an extensive list of the various ways in which committee members' departments currently address AOD issues on the UA campus. Following the 2008 Biennial Review, this information was compiled and housed on a master webpage that is accessible to students, employees and the general public and is linked to the UA AOD policies on the Human Resources' and Dean of Students' websites. The Campus Health Service took the lead in creating this website and updates it in cooperation with the Biennial Review Committee. The www.drugfree.arizona.edu website went live in February 2009 and has been actively maintained since. The 2006, 2008, 2010 and 2012 Biennial Review reports reside on the site.

Current AOD Programs at the UA (by department)

Campus Health Service

- Project Launch, funded by a 5-year subcontract through the Arizona Department of Health Services (ADHS) through the Substance Abuse Mental Health Services Administration (SAMHSA), to address substance abuse among college students in Pima and Yavapai counties. This includes a strong emphasis on alcohol abuse at the UA.
- Mandatory e-Check Up to Go interactive computer-based alcohol screening with immediate personal feedback to all incoming freshmen.
- SHADE (Student Health and Alcohol and Drug Education) diversion programming for students in violation of alcohol laws or policies.
- The Buzz, a UA-developed, interactive alcohol prevention program, now being adopted by other colleges and universities across the country.
- Health education and social norms media campaigns to reduce harm and risk and to correct student misperceptions of peer AOD use, including <u>The Red Cup Q&A</u> column, which appears weekly in the *Arizona Daily Wildcat*. The column is also emailed to students each week (including all SHADE participants) with over 2,000 current

- subscribers, and appears in the semi-monthly <u>Living Wild</u> publication and online on the Campus Health website.
- BASICS for prevention among high risk students (e.g. fraternity and sorority members), administrative referrals, or students with second alcohol violations.
- Campus Health offers screening and brief intervention through providers for high risk alcohol use through <u>Project CHAT</u>. Originally developed and funded by a grant through the Substance Abuse and Mental Health Services Administration (SAMHSA), Project CHAT is now incorporated as an ongoing standard of care at Campus Health.
- Environmental management strategies to address AOD use/abuse, primarily through the Campus and Community Coalition for Alcohol and Other Drug Prevention
- Early and timely outreach to parents of UA students regarding how they can talk to their son or daughter on AOD use.
- Partnerships with campus, local community and state groups to reduce underage and high risk drinking among students.
- Early intervention and outreach to parents of incoming freshmen regarding AOD issues
- AOD assessment, counseling, education, and referral (These are done primarily via direct referral from the Dean of Students Office of Judicial Affairs or the Athletics Department).
- Planning and implementation of National Alcohol Screening Days.
- Development and maintenance of the http://www.drugfree.arizona.edu website with input from the Biennial Review Committee.
- See Appendix for further information (e-Check Up to Go Memo from President Hart and reminder from Kendal Washington White, Dean of Students; Alcohol Prevention Programming "Menu" for fraternities and sororities; Red Cup Q&A column in Daily Wildcat; "Students and Alcohol: What Parents Can Do to Help" PawPrint article, The Buzz alcohol prevention program description)

University of Arizona Police Department

- Annual publication of the UA <u>Campus Safety</u>, <u>Security</u> and <u>Fire Safety</u> Report.
- "Zero tolerance" for AOD-related DUI.
- Automatic referral of all AOD offenses to the Dean of Students office for intervention.
- Increased use of the Student Diversion program for eligible offenders.
- Partnerships with campus, local community and state groups to reduce underage and high risk drinking among students (e.g., <u>Residence Hall and Fraternity and Sorority Liaison Programs</u>).
- AOD policy and safety awareness trainings to key groups on campus, including Residence Life, Fraternity and Sorority Liaison Programs, new students, parents, academic units, Athletics, Navy/ROTC.
- AOD policy and safety awareness events and brochures to educate the entire student population.
- Increased enforcement capability through Alcohol Abatement Patrols and DUI Task Force Deployments through grant funding by the Arizona Governor's Office of Highway Safety.

Athletics Department

- Implementation of the <u>STEP UP! Be a Leader, Make a Difference</u> interdisciplinary
 program that trains student-athletes to recognize problem situations (e.g., alcohol
 abuse, hazing) involving their peers and to safely and effectively act on them.
- Individual meetings concerning AOD policies, enforcement and awareness issues with all athletic teams through the department's compliance office.
- AOD policy and safety awareness education at all new student-athlete orientations (in partnership with the Campus Health Service).
- Random drug testing of all teams throughout the year through the compliance office with option for coaches to implement stricter policies as needed.
- Inclusion of UA, NCAA and Arizona Board of Regents AOD policies and enforcement information in the UA Department of Intercollegiate Athletics <u>Student-Athlete</u> Handbook.
- Provision of an alcohol-free tailgating option for UA Zona Zoo (student) members (12,000) prior to UA Football games.

Fraternity and Sorority Programs

- Fraternity and sorority student notifications of UA and Fraternity and Sorority AOD
 policies and enforcement measures via the Fraternity and Sorority Programs (FSP)
 Registered Events Procedures for On- and Off-Campus Events with alcohol.
- Implementation of the Olympian Health and Wellness Program, featuring activities that
 educate and raise awareness about AOD issues and safety including Hunter White
 Health Advocacy Program, <u>UAPD/Fraternity & Sorority Liaison Program</u>, PreRecruitment educational sessions for new members, Sorority Safe Night, Safe Spring
 Break Preparedness & Awareness Program, Women's Social Normative Program, <u>Hazing</u>
 Policy and Prevention Program and ongoing research on fraternity and sorority student
 trends, habits and practices.
- All new members of the fraternity and sorority community must complete <u>GreeklifeEdu</u>.
- All chapter presidents, health advocates and social chairs are trained each year at the start of their term in office in <u>TIPS (Training for Intervention Procedures)</u>. TIPS covers University policies and state laws regarding alcohol use.
- Sorority and fraternity members participate in BASICS through Campus Health Promotion and Preventive Services (HPPS).
- Sorority and fraternity chapters choose from an alcohol education menu for one required alcohol education program each year. Programs include: TIPS, BASICS, The Buzz, Greeks' Advocating for the Mature Management of Alcohol (GAMMA) presentations, or Step Up Bystander Intervention Program.
- A total of 1,203 Greek new member students completed the online educational program GreeklifeEDU this school year. GreeklifeEDU includes three educational modules focused on alcohol education, hazing, and sexual assault. The University of Arizona is one of only two universities using this program to educate their Greek new members. Several chapters participate through their national sorority or fraternity.

- TIPS Trainings Approximately 1,500 students and advisors have been TIPS trained at The University of Arizona. TIPS (Training for Intervention Procedures) is a program originally implemented by the FSP Staff to help fraternity and sorority students intervene and identify when someone is not using alcohol responsibly. In August of 2012 the Fraternity and Sorority Programs Department was awarded the TIPS Award of Excellence. This is an award bestowed by The TIPS President & CEO and is chosen by an internal committee based on feedback from our Master Trainers, TIPS Trainers, and course participants. The University of Arizona has repeatedly demonstrated their commitment to preventing the misuse of alcohol on their campus and in their community by training their students in the TIPS program and was selected for this award based on this commitment.
- See Appendix for further information (Hunter White Health Advocate Description, Alcohol Prevention Program "Menu" for Fraternity and Sorority members)

Residence Life

- "Community Standards Agreement," which all students must read and accept as part of
 their online housing application in the Policies and Procedures for Hall Living distributed
 to all student residents, on the "Behaviors that Lead to Eviction" form that all students
 must read and sign upon initial check-in at the residence hall, on signage posted
 throughout each building and on the Residence Life website.
- Enforcement and safety awareness education provided to students in mandatory Wing/Community meetings.
- Programs/educational units designed to enhance good decision making and solid citizenship among student residents.
- Annual review of "Policies and Procedures" to ensure they are appropriate and effective.
- Student notification of charges, a due process hearing and likely eviction from the
 residence halls if the offense is a second violation (marijuana and alcohol specifically);
 enforcement is designed to be preventive and educational to students.
- Students currently on deferred eviction status are being notified mid and late semester on how to have a successful spring semester with tips and suggestions that include behavioral suggestions and academic tips as well.
- See Appendix for further information (Policies and Procedures for Hall Living)

Department of Risk Management Services

- AOD violations and enforcement language included in the <u>UA Fleet Safety Policy</u> and <u>Commercial Driver's License Compliance Program.</u>
- Required participation in Commercial Driver's License (CDL) compliance program for employees with driving duties per federal regulations.

August 2008 changes to the policy regarding AOD issues include – revision of the Motor Vehicle Record (MVR) evaluative review point system to distinguish between regular moving violations

and serious violations such as DUI, required management actions for drivers who have either conditional or unacceptable MVR status (as evaluated by the point system), new procedure to address increasing number of drivers with the Ignition Interlock Restricted License due to recent changes in Arizona law regarding penalties for DUI.

Dean of Students Office

- Development of multimedia messaging and tools related to the <u>SafeCats Program</u> (a program that is designed as a proactive educational campaign to disperse information related to safety on and off campus for students, faculty, staff, parents, alumni and other university community members through various avenues) and campus safety.
- SafeCats has established an online educational website and video for information on state laws, university polices, and hosting safe parties with alcohol called <u>Last Call</u>.
- Growth of the Student Assistance Area with 2 Full-time, one ¾ time staff and a .5FTE graduate assistant. This area receives referrals on students experiencing various forms of personal crises (which can include extreme intoxication, drug overdoses, etc.) and helps those individuals get connected to the necessary resources.
- Development of <u>Personal Responsibility Courses</u>, facilitating discussions with students about personal choices and their impact on self and others, which may include alcohol or drug-related issues.
- Regular updating of the <u>UA Code of Conduct</u>, which contains language about AOD policies and sanctions for students enrolled at the UA.
- Consistent enforcement of AOD policies and sanctions.
- AOD policy and safety awareness educational training at New student/Parent Orientation Program.
- Publication of AOD policies, sanctions and safety awareness in <u>"The Paw Print"</u> electronic newsletter sent to parents and families of UA students.

Human Resources / Life & Work Connections

- Provision of supervisor and employee consults with regard to issues of substance abuse.
- Provision of individual counseling and referral regarding AOD issues.
- Delivery of <u>worksite wellness screenings</u> that address AOD use and concerns as well as other health issues.
- Training for employee supervisors regarding substance abuse and related issues.
- Distribution of brochures about AOD issues.

A2) Are the current alcohol and other drug programs effective in preventing and reducing the illegal use of alcohol and other drugs on campus?

According to the UA Health and Wellness Survey, administered each spring semester to a random selection of classrooms, many measures of student alcohol consumption have declined over time. The average number of alcoholic drinks that students reported consuming per week

has decreased consistently, from 7.6 in 2002 to 4.4 in 2014, among all students. Alternatively, the number of students who reported not using alcohol in the past 30 days has increased from 23.1% in 2002 to 37.9% in 2014. In general, the Health & Wellness Survey has also shown increases in protective behaviors that mitigate alcohol consumption and related risk over time and accompanying decreases in many alcohol-related negative consequences.

While not all alcohol and other drug programs are evaluated for effectiveness, many currently are. The Buzz, an alcohol prevention program developed by Campus Health, that reached over 1,300 students during the Fall 2014 semester alone, is a good example of this. Based on program evaluation results, 98% of student participants in The Buzz said the program is better or much better than other alcohol education programs they have experienced, and 89% said the program will cause them to think differently about their alcohol use. A UA graduate student who evaluated the program for his master's thesis in 2014 found that among fraternity and sorority members, program participants decreased their average drinks per week from 13 to 8. Similarly, average blood alcohol concentration (BAC) declined for participants from .113 to .08.

Additionally, several peer-reviewed published studies have shown the e-Check Up to Go program, which all incoming UA freshmen are required to complete, to reduce alcohol consumption and related risk among college students. Other prevention efforts, such as liaison programs, environmental management and coalition work, are considered to be effective components of a wider prevention framework.

B) Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at the UA consistently enforced?

UAPD provided information confirming that based on the Campus Safety, Security and Fire Safety Report, it is clear that alcohol is a much bigger issue at UA than other illegal drugs.

The UA has a set sanctioning rubric with regard to alcohol and other drug policy that is consistently enforced. The primary departments involved with enforcement and sanctioning for students include UAPD, the Dean of Students Office and Residence Life. The Dean of Students Office and UA Athletics also collaborate to ensure that the Code of Conduct is enforced among student athletes. If there is an infraction, athletes are subject to DOS sanctions at minimum, but ICA may also require that athletes receive additional sanctions above and beyond what the DOS mandates.

During the 2013-2014 academic year, the Dean of Students Office (DOS) experienced a 66% increase in UAPD officers diverting first time offenders of Arizona's alcohol laws to DOS in lieu of arrest. This shift has allowed DOS to issue educational sanctioning especially as it relates to alcohol offenses and reduces the punitive impact of creating a criminal record for first offenses. This is a direct result of a dialogue between the Dean of Students and UAPD Chief of Police, and in turn, with the officers to discuss the developmental opportunities officers have in

their contact with UA students. Officers were briefed on the sanctions applied for first offenders by DOS personnel and the value of applying UAPD diversion for first offenders. The Dean of Students Office had 541 violations of Student Code of Conduct Policy 5-308(F)(15) - ABOR or university rules or applicable laws governing alcohol, including consumption, distribution, unauthorized sale, or possession of alcoholic beverages and 217 violations of Student Code of Conduct 5-308(F)(16), unauthorized use, sale, possession, or distribution of any controlled substance or illegal drug or possession of drug paraphernalia that would violate the law.

In the Dean of Students Office's Student Assistance area, 5% of the caseload is related to substance use or abuse. The Dean of Students Office also discussed the correlation between academic performance and alcohol and other drug citations, and how enhancing academic standards could have a positive impact in reducing AOD issues among students.

Residence Life provided the following information regarding on-campus students. During the 2013-2014 academic year, 493 students were found responsible for violating the alcohol policy in the residence halls (this does not include those cited, as the Dean of Students Office would include this in their numbers) and 189 for drug use/possessions (marijuana cases where students were not cited, but still violates Residence Life policy). So far for the 2014-2015 academic year, 369 students were found responsible for violating the alcohol policy in the residence halls and 129 for drug use/possession (this includes the smell of marijuana), which violates Residence Life Policy. These numbers do not include Residence Life cases forwarded to the Dean of Students Office where students have either been cited or referred by University of Arizona police for alcohol or drug use.

C) Looking to the future, what new ideas, strategies and/or partnerships could the UA pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

Campus Health and Fraternity and Sorority Programs will continue to collaborate on an Alcohol Prevention Programming "Menu" that enhances the options available to fraternity and sorority members beginning January 2015 (see Appendix). The menu will include both group (The Buzz) and a one-on-one program (BASICS) option for students, as well as a choice between two bystander intervention programs (TIPS and Step Up!). Fraternity and sorority presidents will be asked to choose one option from the alcohol education prevention menu and a hazing prevention education menu for their chapter to participate in during the academic year, ensuring that each group receives both an alcohol skills program and training on bystander intervention. The goal of this strategy is to increase participation by offering greater choice in satisfying compliance, while presenting the options in a student-friendly format.

Given the array of program options that are available at UA for alcohol abuse prevention, Campus Health proposed the idea of inventorying these across all departments/units and evaluating them based on their impact and student feedback. This initiative would streamline our efforts and ensure that our programs are having the intended effect. Campus Health also discussed work they are doing as part of Project Launch, funded by a 5-year subcontract

through the Arizona Department of Health Services, which will help address alcohol and other drug abuse at the UA, among other colleges around the state. Project Launch is currently conducting key stakeholder interviews throughout the campus community towards the formulation of a UA-specific strategic plan for prevention.

Campus Health also plans to work to expand its ongoing efforts to reach the parents of UA students in timely ways as it relates to AOD issues. This includes messages to parents during orientation and in the summer months leading up to their son or daughter's freshman year, as well as event-specific times during the academic year such as Family Weekend in October. There is good evidence to support that working with parents will continue to be an important strategy to address AOD use and abuse on college campuses.

Residence Life has secured funding to support late night events that could draw students away from parties with alcohol. Many students are documented for violating alcohol policy from 11p.m. onward; therefore it would be beneficial to provide alternatives to going out or drinking off campus. Alternative programming will be fun and entertaining (e.g. dance parties, game nights in the cellar, raffles, or other events that mimic parties and socializing without the alcohol). Residence Life also intends to have Community Directors speak with students who are documented for alcohol violations in the first two weeks of school for alcohol or drugs about how quickly the continuation of similar behavior can impact living status and have legal ramifications. This meeting would be in addition to the standard conduct hearing. Residence Life also intends to give parents/guardians a better understanding of the conduct process and what conversations they could have with their student about violating policy rather than waiting until a student is documented.

Other comments from Residence Life included addressing learned behavior from high school, since students often already have well developed behaviors when they arrive at UA, which includes excessive alcohol consumption and/or marijuana use. Residence Life discussed the need to educate students and help them think of positive alternatives of their behavior. Finally, Residence Life stated that exit surveys with students who received an infraction would be helpful going forward, to determine what they learned from the conduct process.

UAPD mentioned the UA's "Good Samaritan" procedure to ensure that underage students are not hesitant to call for emergency assistance due to being underage and having consumed alcohol. The policy is under review for potential implementation across campus, in conjunction with the Dean of Students Office. Though not yet finalized, Residence Life has already adopted a modified form of the proposal. A companion educational campaign on how to be an active bystander in these instances is also underway.

The new UA Tobacco Free policy, implemented in August 2014, was discussed. The policy represents a significant milestone in the UA's commitment to the health and well-being of students, employees, and visitors.

At the conclusion of the 2014 Biennial Review Committee, Dr. McDermott once again asked the group to meet every year as opposed to every other year, given the fact that the discussion was deemed very helpful by the attendees. The committee agreed to meet again in late 2015.

THE BIENNIAL REVIEW COMMITTEE MEETING ENDED AT APPROXIMATELY 12 NOON

Harry McDermott, Chair

UA Biennial Review-Committee

Ann Weaver Hart, UA President

Date 4-20-15

Date 6.10.2015

APPENDIX

- UA Statement on Drug Free Schools and Campuses: Electronic Notification to Students
- UA Statement on Drug Free Schools and Campuses: Electronic Notification to Employees
- Red Cup Q&A column MIP column
- BASICS FAQs
- "Students and Alcohol: What Parents Can Do to Help" (article in The PawPrint publication to parents and families of UA students)
- e-Check Up to Go Memo from President Hart and reminder from Dean of Students Kendal Washington White
- Hunter White Health Advocate Description
- · Policies and Procedures for Hall Living
- Alcohol Prevention Program "Menu" for Fraternity and Sorority members
- UA Health & Wellness Survey: Alcohol Trends Over Time

To: The University of Arizona Student Community

From: Melissa Vito, Senior Vice President for Student Affairs and Enrollment

Management &

Senior Vice Provost for Academic Initiatives and Student Success

Date: October 28, 2014

Subject: The University of Arizona Statement on Drug Free Schools and Campuses

Under federal legislation entitled the Drug Free Workplace Act of 1988 and Drug Free Schools and Communities Act of 1989 ("Act"), "no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program," unless it has adopted and implemented a program to prevent the use of illicit drugs and abuse of alcohol by students and employees. The Act requires the annual distribution of the following information to students and employees.

Policy and Prohibition

To achieve the policy and objective of providing a drug-free environment for all University students and employees, the University prohibits the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance on its property or as part of any of its activities. Further, the University prohibits employees from (a) consuming or being under the influence of alcoholic beverages while on duty; or (b) while on duty, distributing narcotics or controlled substances, or possessing or using narcotics or any controlled substance(s) not prescribed for the employee by a physician; or (c) being under the influence of narcotics or any controlled substance(s) not prescribed for the employee by a physician. University of Arizona students and employees are subject to all applicable drug and alcohol policies, including policies set forth in the Classified Staff Human Resources Policy Manual, University Handbook for Appointed Personnel, Arizona Board of Regents Code of Conduct, the University of Arizona Alcohol Policy and Regulations, and other applicable rules as adopted.

Sanctions

- Local, state, and federal laws make illegal use of drugs and alcohol serious crimes.
 Conviction can lead to imprisonment, fines, and assigned community service.
- In order to ensure fair and consistent treatment of all students or employees who are

accused of illegal use of drugs or alcohol, the University will handle all such cases that come to its attention in accordance with applicable policies and procedures of the Arizona Board of Regents and the University (e.g., Student Code of Conduct and Student Disciplinary Procedures, Staff Rules of Conduct and Disciplinary Action, ABOR Code of Conduct) and where appropriate, local, state, and federal laws and regulations

 Sanctions will be imposed on students or employees who violate Arizona Board of Regents or University drug and/or alcohol policies. Sanctions may include suspension or expulsion for students and, for employees, disciplinary action up to and including termination.

Health Risks

There are definite health risks associated with the abuse of alcohol and illegal substances. Alcohol or any other drug used in excess over time can produce illness, disability, and death. The health consequences of substance abuse may be immediate and unpredictable, such as cardiac arrest with cocaine use, or more subtle and long term, such as liver deterioration associated with the prolonged use of alcohol. In addition to health-related problems, other concerns relating to substance abuse include the following:

- People who abuse alcohol and other drugs often have erratic lifestyles which interfere with sleep, nutrition, and exercise.
- Alcohol and substance abuse may lead to financial difficulties, domestic violence, deterioration of the family structure, motor vehicle accidents, and decline in job performance.
- Repeated abuse of alcohol and other drugs can lead to dependence.

Support Systems and Resources for Students

If you are experiencing problems with alcohol and/or other drugs, campus and community resources are available to assist you.

Two Campus Health Service programs can provide assistance to students with substance abuse problems. First, Counseling and Psychological Services (CAPS) offers confidential short-term counseling and community referrals as needed. Second, Health Promotion & Preventive Services provides risk reduction programs for students, including individual, brief intervention through BASICS (Brief Alcohol Screening & Intervention for College Students); the SHADE (Student Health Alcohol/Drug Education) program for those in violation of UA alcohol and marijuana policies; and presentations and educational information to the campus community. These programs provide students with information on the dangers of drug and alcohol abuse. For more information, please call 520-621-6483.

• First-year UA students are required to complete the eCheck Up To Go program by the

- end of September, available at www.health.arizona.edu/echeckup
- Additional information on programs and resources related to alcohol, including BASICS, SHADE, the Red Cup Q&A, and The Buzz, can be found at: http://www.health.arizona.edu/hpps aod.htm
- If you know someone who may be struggling with alcohol or other drugs, the Friend 2
 Friend website is another resource that can provide assistance:
 http://f2f.health.arizona.edu.

Reporting Responsibility

Employees and students are required to make a report to the University if they are convicted of any alcohol- or drug-related offense arising from the use of drugs or alcohol in the workplace. Employees must report to the Vice President for Human Resources and Institutional Effectiveness (520-621-1684); student employees must report to the Dean of Students Office (520-621-7060). These University administrators are also available to answer any questions pertaining to the legislation or the University's compliance with i

Statement on the Arizona Medical Marijuana Act

Arizona voters approved the Arizona Medical Marijuana Act in 2010. Under certain circumstances, this act permits individuals to possess and use limited quantities of marijuana for medical purposes. Because of its obligations under federal law, however, the University has always prohibited and will continue to prohibit marijuana possession and use on campus for any purpose.

The federal Controlled Substances Act prohibits the possession, use, or production of marijuana, even for medical use. Failure to comply with the Controlled Substances Act would violate the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989, rendering the University of Arizona ineligible to "receive funds or any other form of financial assistance under any federal program, including participation in any federally funded or guaranteed student loan program." Therefore, the University will continue to enforce its current policies prohibiting the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance on its property or as part of any of its activities.

Employees and students who violate University policy prohibiting the use or possession of illegal drugs, including marijuana, on campus will continue to be subject to disciplinary action.

University policy does not prohibit medical research projects involving marijuana that are conducted on campus as authorized by applicable federal approvals, which may include the United States Food and Drug Administration, The United States Drug Enforcement Administration and the National Institutes on Drug Abuse, and approval of any applicable University Institutional Review Board.

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Arizona Board of Regents Student Disciplinary Procedures

Arizona Board of Regents Student Code of Conduct

University of Arizona Alcohol Policy and Regulations

UA Campus Health Service

Counseling and Psychological Services (CAPS)

Health Promotion & Preventive Services (HPPS)

The Buzz - Alcohol Prevention Program

SHADE Diversion Program

BASICS Program



To: The University of Arizona Community

From: Allison M. Vaillancourt, Ph.D.

Vice President for Human Resources and Institutional Effectiveness

Date: October 17, 2014

Subject: The University of Arizona Statement on Drug Free Schools and Campuses

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to its attention within the guidelines of the applicable policies and procedures of the Arizona Board of Regents and the University (e.g., Student Code of Conduct and Student Disciplinary Procedures, Staff Rules of Conduct and Disciplinary Action, ABOR Code of Conduct) and where appropriate, local, state, and federal regulations.

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- Repeated abuse of alcohol and other drugs can lead to dependence

Support Systems and Resources for Employees

If you are experiencing problems with alcohol and/or other drugs, campus and community resources are available to assist you.

Services are available through the University of Arizona health plans to assist staff, faculty, or appointed personnel who are experiencing problems with chemical dependency. Individuals can speak with their primary care physician or their health carrier's Member Services Department to access those resources. Additionally, the University's Life & Work Connections Employee Assistance Counseling/Consultation service provides free, voluntary, and confidential short-term counseling when appropriate, or supervisor consultation, information, and referrals to individuals requesting assistance for drug and/or alcohol problems. In conjunction with the Division of Human Resources, Employee Assistance Counseling/Consultation also provides ongoing consultation and supervisory training each semester about signs and symptoms of alcohol/drug problems, ways to help troubled employees, and resources available on campus and in the community. For more information or to schedule an appointment, please call (520) 621-2493.

Reporting Responsibility

Employees and students are required to make a report to the University if they are convicted of any alcohol or drug-related offense arising from the use of drugs or alcohol in the workplace. Employees must report to the Vice President for Human Resources and Institutional Effectiveness (520-621-1684); student employees must report to the Dean of Students Office (520-621-7060). These University administrators are also available to answer any questions pertaining to the legislation or the University's compliance with it.

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Employees and students who violate University policy prohibiting the use or possession of illegal drugs, including marijuana, on campus will continue to be subject to disciplinary action.

If you have any questions regarding this e-mail, please contact Campus Health at 520-621-6489.

Related Links

University Classified Staff Human Resources Policy Manual
University Handbook for Appointed Personnel
Arizona Board of Regents Policy Manual
University of Arizona Alcohol Policy and Regulations
Arizona Board of Regents Student Code of Conduct
Arizona Board of Regents Student Disciplinary Procedures
Classified Staff Rules of Conduct
Life & Work Connections

Life & Work Connections—Employee Assistance Counseling/Consultation



separating alcohol fact from fiction
EVERY TUESDAY IN THE DAILY WILDCAT

How much does an MIP cost?

Anywhere from \$100 to thousands of dollars. And, an MIP (minor in possession of alcohol) can come with more than monetary costs.

Those caught drinking under the age of 21 may incur sanction fees, court fines, class fees, community service hours, legal fees, and (if evicted from a UA residence hall) the loss of any rent paid.

If you live on campus and are cited for underage drinking, you will be referred to the Dean of Students, located in Old Main. If you live off campus, and are cited by the Tucson Police Department or Pima County Sheriff, plan on a trip or two to the Tucson or Pima County Justice Courts.

The Dean of Students will impose a \$100 sanction and may refer you to their four hour "Personal Responsibility" Class (\$80) or a six hour SHADE alcohol education class at the Campus Health Service (\$100). Off campus, these classes may cost \$140 or more and last eight-sixteen hours.

The fine for an MIP is \$291, according to the Pima Justice Court. The fine for disorderly conduct or unreasonable noise is also \$291. If you live off campus (within the Tucson City limits) and happen to be "red-tagged," you (and your landlord, if applicable) will be fined \$500 each.

If you live in the residence halls, one MIP will put you on "deferred eviction" status. After a second MIP, Residence Life will probably evict you from your hall. Rent that you or your parents paid is non-refundable. One semester of rent at La Paz costs between \$4,000-6,000.

Navigating an MIP can take a lot of time: meeting with the Dean of Students or a judge in the courts, "diversion" class time, travel time, and completing 15 or more hours of mandated community service.

If you aren't "legal" yet, it might be worth checking your bank account and your calendar to see if it is worth the potential costs.

ARIZONA

wildfact

98% of UA students prefer to date someone who drinks moderately or not at all. (2010 Health & Wellness Survey, N=2,931)



Got a question about alcohol?

Email it to redcup@email.arizona.edu



The Red Cup Q&A is written by Lynn Reyes, LCSW, LSAC, David Salafsky, MPH, Lee Ann Hamilton, MA, CHES, and Spencer Gorin, RN, in the Health Promotion and Preventive Services (HPPS) department of the UA Campus Health Service.

BASICS FAQs

What is BASICS?

BASICS consists of two, one hour sessions with an alcohol specialist at the Campus Health Service. Students receive personalized feedback on their drinking and can use this feedback to benefit their health, safety and academic success.

- Students meet individually with a Campus Health BASICS counselor for 2 sessions (one hour each) with a two week interval between appointments. The 1st meeting includes gathering information (asking questions, completing a short online questionnaire) and then using that information to compile a personalized, confidential feedback report for each student.
- At the 2nd session the counselor will review the printed personalized feedback report with the student. This includes feedback on drinking, BAC, calories, comparisons with other drinkers, norms, personal risks, tolerance level, moderation tips, etc. Students have a chance to ask questions about their feedback and develop personal goals to reduce risks.

Over the years, many students have participated in BASICS at the UA, and the reaction to the program has been overwhelmingly positive

Is BASICS confidential?

All information provided by students in BASICS is kept strictly <u>confidential</u> and is not shared with any person or group outside of Campus Health project staff.

Why are fraternities and sororities being asked to participate?

Fraternity and sorority members have much to gain from an evidenced-based program such as BASICS. According to campus data, Greek members drink more heavily, and with greater consequences, than their unaffiliated peers.

How do I sign up?

Please contact Lynn Reyes at 626-8499 or by email at lreyes@email.arizona.edu.

Why alcohol education?

The health and safety of students is a fundamental priority at the UA. Preventing high risk alcohol use and its related consequences is one of the important ways we address this each year. The UA has approached this by taking positive and proactive steps to decrease student harm and risk through the use of programs that are evidenced-based, well received by students and beneficial to both the individual and the community.

Is BASICS an effective program?

The National Institute for Alcohol Abuse and Alcoholism (NIAAA) considers BASICS a "Tier-1" strategy, the highest evidence for effectiveness among college students. During its use here at the UA, BASICS has also earned a "Model Program" designation from the U.S. Department of Education.

How does BASICS fit in with other programs? Do we still need to complete e-CHUG and GreekLifeEdu?

BASICS is meant to complement these other health programs by offering students a unique opportunity for personalized, one-on-one feedback on their alcohol use. Students are still required to complete other programs, both here at UA and, potentially, as part of national requirements for their organization.

TUDENTS & ALCOHOL: 7 Ways Parents Can Help

By: David Salafsky, MPH, Director, Health Promotion & Preventive Services, UA Campus Health Service

hile the UA is nationally recognized for evidenced-based alcohol prevention programs that support student health, we simply cannot be successful without your help.

That's because students say their parents, along with their peers, are the two groups they go to most for advice, support and modeling.

Here are seven things you can do to help:

1. Set clear and realistic goals on academic performance. Being upfront about expectations helps students put their education first.

2. Check in on Thursdays, Fridays or Saturdays. It's no surprise that these are the days students drink most. Research suggests that parent phone calls, emails or text messages can reduce alcohol consumption by their student on the day of contact.

- **3. Encourage volunteerism.** Students who connect with their community while they are here will have a fuller, more enriching college experience. Research suggests they will also drink less.
- **4. Correct misperceptions.** Students tend to overestimate how much their peers drink. In reality, most drink moderately, if they drink at all (see "Just the Facts" to the right).
- **5. Communicate the risks.** Scare tactics don't work, but discussing the obvious risks openly and evenly can help discourage their participation

in drinking games, hazing, 21st birthday dangers and other high risk behaviors.

- 6. Show your student how to intervene if they need to. Explain how to prevent alcohol poisoning before it happens, and how to step up when someone needs help.
 - 7. State the obvious. Underage drinking and impaired driving are against the law. Avoid messages that obscure these facts.

For more ways you as a parent can help, go to: "When Your Student Needs Help," published by the UA Campus Health Service.

Adapted from: The College Parent Advisor, published by College Parents of America.

JUST THE FACTS: UA Students & Alcohol

- 35% did not drink alcohol in the past 30 days.
- 89% arrange to have a designated driver if they plan to drink.
- 93% did not get in trouble with the police or school authorities during the past year.
- 68% party less than one night per week.

Source: 2013 Health and Wellness Survey (N=3,055), administered to a random sample of undergraduate classes at The University of Arizona



Administration Building, Room 712 1401 E. University Boulevard P.O. Box 210066 Tucson, AZ 85721-0066 Tel: (520) 621-5511 Fax: (520) 621-9323 www.president.arizona.edu

MEMORANDUM

TO:

The University of Arizona Freshmen

FROM:

Ann Weaver Hart, President

DATE:

August 26, 2013

SUBJECT:

e-CHECKUP TO GO

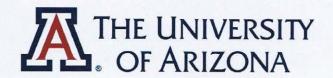
Welcome to The University of Arizona! I am very pleased that you are here and know that you are looking forward to an exciting first-year experience. In addition to friendships and academics, your health and well-being are very important components to your success as an Arizona Wildcat.

For this reason, please complete a brief online program called e-CHECKUP TO GO, which gives you personalized feedback on alcohol use and potential risks. Students here at the UA and at colleges and universities across the country have found the program to be very helpful.

e-CHECKUP TO GO is completely anonymous and will only take 15 minutes of your time. At the conclusion of the program, you will need to verify that you completed the program by entering your name and email. Your name and email are in no way linked to your responses. Students who fail to verify completion will be assessed a \$50 penalty if you are cited for an alcohol violation.

- You can access the program at: www.health.arizona.edu/echeckup
- You must complete your survey by September 30, 2013.
- Thank you and have a successful year as you begin your career at the University of Arizona as a Wildcat for Life.

AWH/lr



MEMORANDUM

To: The University of Arizona Freshmen

From: Kendal Washington White, Dean of Students

Date: September 16, 2013

Subject: eCHECKUP To Go Deadline

I hope your first few weeks as a Wildcat have been successful! I am writing with an important reminder: first-year students must complete e-CHECKUP To Go by September 30, 2013.

Approximately three weeks ago, President Hart sent you a greeting informing you of a brief online alcohol program called eCHECKUP To Go that all incoming freshmen are required to complete by the end of this month. If you have not yet completed this program, please note that the deadline is fast approaching.

The program will take only 15 minutes of your time, and upon completion, you will receive personalized feedback about alcohol use and potential risks. Let me assure you that the information you enter for the program is completely anonymous and is designed to help you have a safe experience on campus.

To verify completion of eCHECKUP To Go, you will be asked to enter your name and email address after clicking on "Verify Completion" at the conclusion of the program. This information WILL NOT be linked in any way to student responses in eCHECKUP To Go, and will only be used to record which students have completed this required program.

Those students who fail to submit this information as proof of completion, and are subsequently referred for alcohol violations via the Residence Hall Community Standards or the Student Code of Conduct, will be charged an additional \$50 above and beyond standard health education program fees.

You can access the program at: www.health.arizona.edu/echeckup

Thank you and have a wonderful year!

Hunter White Health Advocacy Program

The Hunter White Health Advocacy Program empowers individual responsibility and advances the creation of a healthy community by embracing healthy life choices. The objective of the program is to have at least one member from each U of A recognized sorority & fraternity designated to provide advocacy, support, & information regarding general health issues to their peers. The program is coordinated by a graduate assistant who has experience with health education.

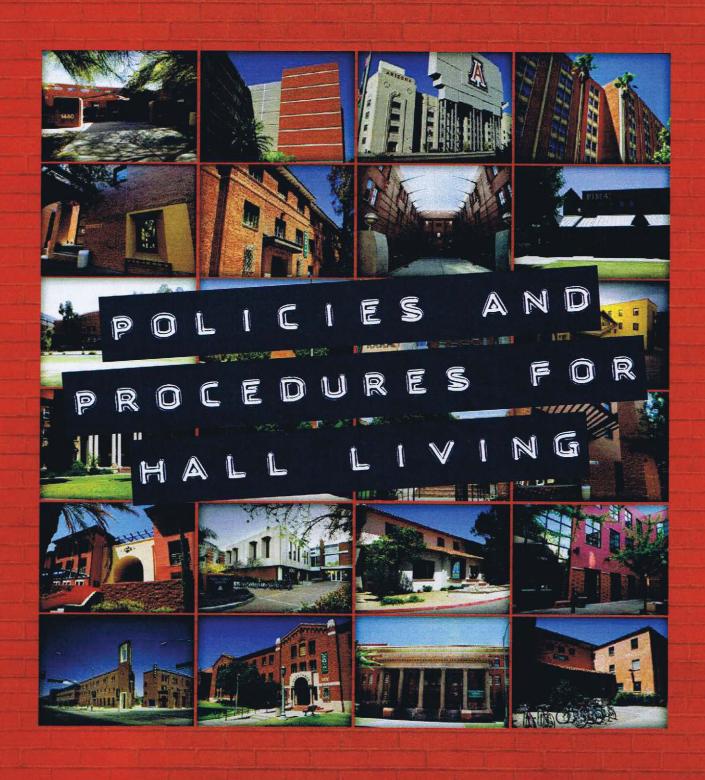
Responsibilities of the Health Advocate:

- Inform peers about the Hunter White Health Advocate role and be available to provide support when necessary.
- Serve as a point of contact for direct referrals to campus and community resources.
- Become TIPS trained.
- Participate in 1 campus or Greek awareness event related to student health issues with your chapter by bringing a certain percentage of your chapter to the event.
 - Minimum number of attendance is based on chapter size: Must have 25% of chapter or 25 people attend, whichever is smaller. Greater attendance is encouraged.
 - Examples of events include: National Depression Screening Day, BodySmart Discussion Series, Spring Break Safety Fair, Hunter White Safe Spring Break, and National Alcohol Screening Day
- Attend all mandatory meetings and trainings, including the retreat, special educational session, wrap-up meeting, and TIPS training.
- Attend 3 out of the 8 Health Advocate educational meetings throughout the semester.
 - Educational meetings focus on a variety of health topics relevant to Greek life, including alcohol, hazing, mental health, body image, nutrition, infectious diseases, etc.
 - Educational meetings also provide information on campus and community resources and encourage skill-building around the areas of advocacy, active listening, bystander intervention, peer education, and public speaking.
- Do at least 3 health presentations obtained from the health advocate educational meetings at Chapter meeting.
 - o Have chapter members submit evaluations after each presentation.
 - For each presentation: 1 evaluation from a chapter officer, 2 evaluations from other members.
- Complete a 2 page, double spaced, 12pt font, reflection paper on being a health advocate for the semester.

Impact of the Program:

Skills gained by health advocates

- From evaluation data collected at the beginning of the Fall 2014 semester, students who returned as Health Advocate after having previously served in the role reported being significantly more confident in their presentation skills than those who were new to the position, indicating that participation in the program enhances these skills (84.62% of returning advocates strongly agreed that they felt confident in their presentation skills compared to 44% of non-returning advocates). Other skills that health advocates reported having were referral to campus/community health resources and serving as a confidente for their peers.
- Health advocates also leave the program with increased knowledge on a number of health topics, stronger advocacy skills, and valuable leadership experience.
- Many health advocates intend to enter a health-related field (public health, nursing, medicine, etc.) and so this experience is valuable for their professional development.
- Impact of HWHA Program on Greek community
 - From evaluation data collected at the end of the Fall 2014 semester, 91.42% of advocates either agreed or strongly agreed that the program is an effective way to deliver health information to their chapters and 60% either agreed or strongly agreed that the program will lead to behavior change in their chapters.
 - From evaluations collected at the end of each educational meeting, 88% of health advocates either agreed or strongly agreed that they learned new information from the presentations and 88% of health advocates either agreed or strongly agreed that they would adopt something they learned or planned to change their behavior after seeing the presentations.
 - From evaluations administered to chapter members after witnessing their health advocates' presentations, similarly large majorities also indicated that they learned new information from the presentations and that they would adopt something they learned or planned to change their behavior after seeing the presentations.



2014-2015



RESIDENCE LIFE

BEHAVIORAL RESPONSIBILITIES

Compliance

Discrimination and Harassment

Disruptive Behavior

Personal Responsibility

Presence During a Violation

Quiet Hours/ Noise

Retaliation

ROOM AND HALL RESPONSIBILITIES

Air Conditioners

Alcoholic Beverages

Alcohol Possession and Distribution

Alcoholic Beverage Containers

Check-out from the Residence Halls

Room Condition Report

Computing

Drugs and Paraphernalia

Drug Paraphernalia

Drug Possession

Medical Marijuana

Prescription Drugs

Falsifying Information

Guests and Visitation

Overnight Guests

Hall and Wing Meetings

Musical Instruments

Painting

Pets

Posting

Respect for Property and the Environment

Communal

Elevators

Furniture

Hallways, Public Areas, and Bathrooms

Kitchen Facilities

Lobbies and Recreation Areas

Pool Use

Trash Disposal

Vandalism

.....starts on pg. 3

.....starts on pg. 5



POLICIES and PROCEDURES for Hall Living

Personal

Balconies

Bicycles, Mopeds, and Motorcycles

Cleanliness

Holiday Decorations

Room Decorations

Room Refrigerators

Roommate Agreement

Room Assignment

Smoking

Sports and Games

Theft

Transactions

Businesses

Solicitation and Sales

Gambling

Trespassing

Windows and Screens



2

SAFETY RESPONSIBILITIES

Assault

Domestic Violence

Explosive Devices

Fire Safety

Cooking and Appliances

Hazing

Safety and Security

CatCard

Keys/Access

Unauthorized Access

Sexual Offenses

Sexual Assault

Sexual Misconduct

Threatening Behavior

Weapons

Ammunition

Explosives and Fireworks

Weapons





INTRODUCTION

Policies and procedures are established to assist in shaping the Residence Hall environment to protect your rights, and to define your responsibilities to others. You are expected to abide by local, state and federal laws, the University's Non-Discrimination and Anti-Harassment Policy and Policies and Procedures for Hall Living http://policy.arizona.edu/sites/default/files/Nondiscrimination.pdf



All students found responsible for violating a Residence Life policy are assessed a non-refundable monetary sanction fee of \$75. The non-refundable monetary sanction will be assessed to a student's bursar account. The monetary sanction will show on a students account as HSG: Behavioral Education. All students found responsible for their behavior are assigned educational sanctions. Failure to complete sanction(s) by deadline will result in a hold being placed on the student's account. Failure to complete sanction(s) within one week of the hold being placed on the student's account will result in an additional non-refundable overdue sanction fine of \$75 assessed to the student's bursar account.

If police are involved, the case may be referred to the Dean of Students Office. Additionally, students may be referred to the Dean of Students Office for alleged violations of the Student Code of Conduct, for violations of the Policies and Procedures for Hall Living.

BEHAVIORAL RESPONSIBILITIES

COMPLIANCE

You are expected to comply with the Student Code of Conduct http://deanofstudents.arizona.edu/studentcodeofconduct and all policies and procedures, as well as any reasonable requests of any Residence Life (or other University) staff member acting in the performance of her/his duties. This includes presenting proper identification, such as a CatCard or student ID number, upon request. You are expected to comply with the conduct process sanctions mandated to you, or you may be referred to the Dean of Students Office.

DISCRIMINATION AND HARASSMENT

The University of Arizona is committed to creating and maintaining an environment free of discrimination, harassment, and retaliation that is unlawful or prohibited by University policy. The University prohibits discrimination, including harassment and retaliation, by University employees, students, contractors, or agents of the University and by anyone participating in a University sponsored activity against an individual based on a protected classification. Protected classification includes race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity, or other protected categories. The University also prohibits retaliation because an individual has engaged in a protected activity. For more information contact the Office of Institutional Equity (520) 621-9449 or http://policy.arizona.edu/sites/default/files/Nondiscrimination.pdf

3

DISRUPTIVE BEHAVIOR

You are expected to act in a manner which will not disturb the academic pursuits or infringe upon the privacy rights, privileges, health or safety of other persons. Disruptive behavior may include pranks. Any activity that has a negative impact on the reasonable use of residence halls by others is not permitted.

PERSONAL RESPONSIBILITY

You are responsible and accountable for your behavior and for the choices you make as a member of the residence hall community. You may not engage in behaviors that are illegal or could endanger yourself or others in the community, including self-harming behaviors.

PRESENCE DURING A VIOLATION

If you are present in a student room, residence hall, or at a Residence Life function where a violation of policy is occurring, you are required to leave the room and/or area immediately and report the violation to hall staff. Failure to do so will result in disciplinary action.

QUIET HOURS/ NOISE

You may not make noise disruptive to others neither inside nor outside of residence halls (including courtyard and surrounding areas). Practice courtesy and consideration for others at all times. If noise is bothering one person on the floor, wing or in the building, it is too loud. If the noise can be heard one door away, or on the floor above or below yours, whether doors are open or not, it is too loud.



SUNDAY-THURSDAY FROM 11PM TO 10AM FRIDAY-SATURDAY FROM MIDNIGHT TO 10AM

At other times, you are expected to exercise good judgment with respect to making excessive noise. Do not make or cause noise that infringes on the rights and needs of others to sleep and study. Staff members are not required to give you a verbal warning prior to the documentation of this or any other policy. The Policies and Procedures for Hall Living serve as your warning. If you would like to make quiet hours more restrictive, please consult with your hall council.

OUIET HOURS/ NOISE CONTINUED...

Courtesy hours are in effect 24 hours a day. Any loud noise or distraction that attracts the attention of other students and/or staff members is incompatible with a proper hall environment. Please be aware that the desk and the Community Director office are places of business. Please be respectful of space and time.

Excessive noise at any hour is unacceptable. Do not yell or direct amplified sound out of or at residents' windows. Maintain a reasonable noise level in courtyard areas. Noise may be deemed disruptive if it can be heard through a closed door or window. You are expected to respond positively to requests to reduce noise and to respectfully approach others with requests for noise reduction.

Enforcing quiet hours or courtesy hours is the responsibility of everyone in the hall, not only the Resident Assistants (RA) or Community Directors (CD). If the noise bothers you, please ask the person(s) involved to decrease the noise level. If the indivudual(s) creating the noise is not responsive to your request, contact residence hall staff for assistance.

Final exam quiet hours are in effect 24 hours on specified Quiet Hour days just prior to final exams. Those dates and times will be posted in your hall and are strictly enforced.

RETALIATION

Retaliation of any kind against any individual filing a complaint or participating in an investigation or conduct hearing involving any students is prohibited. Such retaliation will result in disciplinary action.

ROOM AND HALL RESPONSIBILITIES

AIR CONDITIONERS

You may not have a personal air conditioner in your room.

ALCOHOLIC BEVERAGES

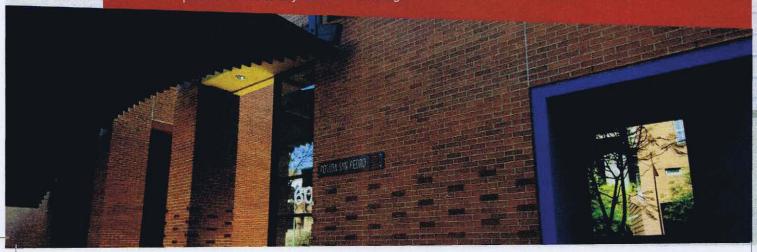
In order to legally possess or consume alcohol in the State of Arizona, you must be at least 21 years of age. Because the majority of those living in residence halls are under 21, there are limits to alcohol possession, consumption and distribution, even if you are at least 21.

If you are found responsible for a first alcohol offense, you will be sanctioned to attend a Student Health Alcohol Drug Education (SHADE) class, receive a monetary sanction, community service, deferred eviction and your parents or guardians will be notified. If you are found responsible for a second alcohol offense, you will be evicted from the residence halls.

Note: There is a fee for the alcohol and drug programs. You must register in advance with Health Promotions (520) 621-5700.

DISTRIBUTE, OR PRODUCE ALCOHOL IN OR AROUND THE RESIDENCE HALLS.

- If you are at least 21, you may possess or consume alcohol responsibly within the following limits:
 - In your room with the door closed
- ▶ In the room of another resident who is at least 21 and present in the room with the door closed
- Even if you are at least 21, you may NOT possess or consume alcohol
 - In any common space (hallway, lounge, community bathroom) or your room with the door open
 - From a container greater than 40 ounces in size
 - > Possession of alcohol that exceeds an amount suitable for personal consumption
 - If you are of legal drinking age, it is a serious violation of state law and Residence Life policy to provide alcohol to anyone who is underage



ALCOHOL POSSESSION AND DISTRIBUTION

The following constitutes possession of alcohol and is a violation of policy for students under the age of 21:

- The physical presence of alcoholic beverages in your assigned residence hall room
- · Holding or transporting an alcoholic beverage on University premises including in or around the residence halls
- · The presence of any student in any room, where alcoholic beverages are available
- Selling or providing alcoholic beverages to another student on University premises constitutes distribution
- The presence of alcohol in your body
- · Producing alcohol

ALCOHOLIC BEVERAGE CONTAINERS

In order to avoid unnecessary confusion, you may not use alcoholic beverage containers (cans, bottles, kegs, etc.) as decorations, "trophy bottles," or for any other purpose in your room regardless of your age. This includes, but is not limited to: beer bongs, shot glasses, flasks or other devices (such as "beer pong" tables, real or simulated) used to drink alcohol, with or without alcohol in them.

CHECK-OUT FROM THE RESIDENCE HALLS:

When you move out of the residence hall at any time of the year you must follow these procedures:



1 Set up a check-out time with your RA

2 - Remove all of your belongings from your room

3 Clean your room and refrigerator

4 Return all keys - room, entrance and mailbox keys

5 . If you lose your keys for any reason the corresponding locks will be changed at your expense and new keys will be issued, \$75 per lock Failure to go through the official check-out procedure will result in a \$150 improper check-out fee,

in addition to charges for any damages or unreturned keys.

ROOM CONDITION REPORT: A Room Condition Report records any damage, markings or missing items within a room and is kept on file for each student. You are responsible for completing and verifying the condition of each item recorded on the form and returning it to your RA the day you move in. When you vacate your room; any damages to the room or furniture may result in additional charges.

COMPUTING

You are expected to comply with all University and Residence Life standards and guidelines governing the use of computers and networks at the University of Arizona. This includes, but is not limited to Residence Life's Network Acceptable Use Policies (AUP) http://www.life.arizona.edu/home/hall-living/amenities-and-services/technology/acceptable-use-policy. Repeat violations will result in your case being forwarded to the Dean of Students.

DRUGS AND PARAPHERNALIA

YOU ARE PROHIBITED FROM:

- 1. Possessing prescription medication without a valid, physician's prescription.
- 2. Possessing or using legally prescribed medical marijuana, even with a prescription.
- 3. Using prescription medications outside the prescribed instructions
- 4. Using someone else's prescription medication.
- 5. Selling and/or distributing any kind of medication or drug, including but not limited to prescription medications, illegal drugs, synthetic drugs, controlled substances or anything that alters your state of mind
- Possessing or using any illegal drug, synthetic drug, controlled substance or anything that alters your state of mind in or around the residence halls.

Possession of a drug includes being under its influence. Violation of this policy may subject you to eviction from the residence hall system, referral to the Dean of Students Office for further University action and additional sanctions.

DRUG PARAPHERNALIA

Drug paraphernalia is not permitted in the residence halls. It includes, but is not limited to: bongs, pipes, hookahs, water pipes or any items modified or adapted so that they can be used to consume drugs.

DRUG POSSESSION:

- * The physical presence of illegal drugs in your assigned residence hall room
- * Holding or transporting drugs on University premises
- * Your presence in any room or area on University premises where drugs are available or present
- Purchasing or procuring drugs and subsequently selling, giving or furnishing drugs to another person in and around your residence hall
- * Being under the influence of drugs
- Physical presence of drug paraphernalia with or without drug residue on you, your guest or belongings, or in your assigned room
- * Growing or making drugs
- * Odor or scent of marijuana
- * Seeds

MEDICAL MARIJUANA

According to the Arizona Revised Statute Section 15-108 a person, including a cardholder as defined in section 36-2801 may not lawfully possess or use marijuana on the campus of any public university, college, community college or post secondary educational institution.

PRESCRIPTION DRUGS

You may not use any prescribed drug in a manner inconsistent with the prescription, nor may you distribute your prescribed drug to others. This is a violation of the Student Code of Conduct, the Policies and Procedures for Hall Living, and federal law.



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FALSIFYING INFORMATION

You may not impersonate anyone, use another person's identity or furnish materially false information. This includes manufacturing or possession of false identification.

JESTS AND VISITATION

Residents are required to check in all guests to the residence hall. "Guest" is defined as any individual not currently assigned to the residence hall that they are currently visiting. All non-enrolled minors under the age of 18 and as defined by the UA Minor Policy http://www.studentaffairs.arizona.edu/vpsoffice/minors/minor_policy.pdf must register at all times. Only minors related to the host are allowed unless they are matriculated UA Students. During operational desk hours residents should be registered at the front desk. After desk hours residents need to call the RA on duty to register their guest. It is the responsibility of residents to ensure that their guest(s) are registered and escorted at all times. Residents are responsible for the behavior of their guest(s), and therefore can be held accountable for their actions. Residents are responsible to inform their guests of residence hall Policies and Procedures for Hall Living; guests are expected to abide by them.

OVERNIGHT GUESTS

You are permitted to have guests in your room overnight only with the permission of your roommate(s). Guests may stay with you for a maximum of three (3) nights in a 14-day period, for a maximum of 12 days per semester. You are not allowed to have any overnight guests during the first two weeks or last two weeks of each semester. The overnight guest policy applies even if you are assigned a single room or are currently not assigned a roommate(s). Always advise an RA when there is a concern about an overnight guest. You can be transferred or evicted if you violate this policy, which may result in loss of guest privileges.

HALL AND WING MEETINGS

RAs or CDs conduct floor or wing meetings to communicate important events or issues. These meetings are mandatory for all residents of the floor or wing. Failure to attend will result in a written warning letter on the first absence. You must let your RA know ahead of time if you have a scheduling conflict. You are responsible for all information covered whether or not you attend.

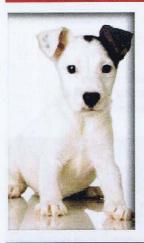
MUSICAL INSTRUMENTS

Musical Instruments, brought for recreation or as a component of your academic major, may not be played inside the residence hall unless practiced in a designated area or music room. Please talk with your CD about an appropriate location for practicing. The music building is an alternative location where you can play your instrument. Pianos found in various places of the residence halls may not be played after quiet hours.

PAINTING

You may not paint your room.

POLICIES and PROCEDURES for Hall Living



PFTS

You may not have pets in the residence hall except for non-dangerous fish, as is determined by the CD, in a single tank no larger than 10 gallons.

POSTING

Residence Life values the right to freedom of expression, and does not censor the content of notices or other materials posted on doors and windows by residents who live in University-owned housing. Postings must comply with any applicable federal, state, and local laws; as well as applicable Arizona Board of Regents policies and the University's Nondiscrimination and Anti-Harassment Policies. Postings may not promote the illegal use of alcohol or drugs. Department of Residence Life staff members will ask residents to remove postings on the exteriors of doors or facing outdoors on a window that do not comply with this policy. Any dispute regarding whether a particular posting is in violation of this policy will be resolved via the adjudication process.

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RESPECT FOR PROPERTY AND THE ENVIRONMENT

You are responsible for maintaining a positive residence hall environment. Any action that damages property, or in any way disrupts any individual, including but not limited to: vandalism and uncleanliness, is not acceptable.

COMMUNAL

ELEVATORS - Use elevators only for the intended purposes of traveling from one floor to another. Misuse or tampering with proper operation is a violation of Policies and Procedures for Hall Living.

FURNITURE - All rooms are furnished with beds, dressers, desks and desk chairs. Use residence hall furniture only for its intended purpose. Do not remove or store room furnishings. Water beds, extra beds, halogen lamps, free-standing elevated beds, lofting beds or other construction (including attaching shelves to walls) are not permitted in your room.

Do not move public area or lounge furnishings from their original locations, or bring them into your room. You will be charged for replacement costs of furnishings lost by moving them out of the room. Misappropriated or stolen items of any kind (including residence hall furniture) found in your room subjects you to conduct action by the University and/or UAPD.

HALLWAYS, PUBLIC AREAS, AND BATHROOMS - These areas must remain

clear of personal articles and trash. This includes 5 gallon water bottles (full or empty), boxes, mail, personal items, etc. Items blocking hallways, public areas and bathrooms may be confiscated and you may be charged for removal. Each bathroom facility will have posted times when the facility is closed for cleaning. Please do not use the facilities during this time. In some instances, cleaning schedules may be altered at the last minute. All bathroom facilities are designated by gender, unless otherwise posted. Do not use bathrooms or shower facilities not designated for your own gender. Shower stalls and toilet stalls are designated for single use only.

KITCHEN FACILITIES - Limited cooking facilities are available in community kitchens in some halls. You are expected to keep the community kitchen clean and in proper working order.

LOBBIES AND RECREATION AREAS-

Your residence hall has common areas that you and your guests may use. Consumption of food or drink is allowed with care and discretion. Appropriate conduct is expected of you and your guests. Please pick up any trash and return any furniture to its proper location. You may not sleep in the lobby or recreation areas, nor may your guests.

COMMUNAL CONTINUED

POOL USE - You must follow all posted rules at the swimming pool. If you fail to follow the posted rules, you can be transferred to a building without a pool. There are not lifeguards at our pool. If you choose to swim, you do so at your own risk.

TRASH DISPOSAL — You are responsible for the proper disposal of your own trash. Trash dumpsters are located outside of all halls, and you must deposit all trash in these areas. Do not place trash in the hallway or common areas. You can be charged for any associated labor costs for the clean up of trash in common areas.

VANDALISM - Vandalism is not permitted in the residence halls. Vandalism is the willful or malicious destruction of private or public property, including, but not limited to, the destruction or removal of bulletin boards and hall decorations. You may be held financially responsible for any loss or damage to University property.

PERSONAL

building lights.

BALCONIES - You are responsible for the activity on your balcony or on common area balconies. Do not hang signs or banners on your balcony; climb up or down from your balcony; or affix anything to any part of the balcony. You may not use balconies to enter or exit the building.

BICYCLES, MOPEDS, AND MOTORCYCLES - YOU MAY

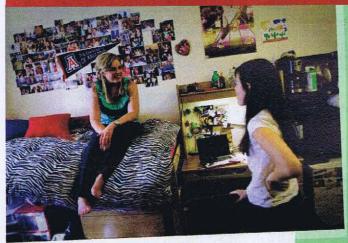
not operate, park, or store a moped, motorized bicycle, or motorcycle in your room or within your hall, including the courtyard. Bicycles (owned or borrowed) must be parked or stored outside the residence hall at all times. You are permitted to store a bicycle in your room only during semester break (December – January) when the building is closed. Racks are available to secure your bike outside your building and around campus. Secure storage may be available through Parking and Transportation. Register your bicycle with UAPD.

CLEANLINESS - Clean is defined as free from dirt, stains, contaminants, impurities, excessive clutter, blood-borne pathogens, and food waste that may present a safety hazard. Keep your room clean and orderly. You are responsible for cleaning up after yourself in bathrooms, kitchens and other common areas. You are required to remove your room trash and recycling weekly to the designated trash and recycling area outside the building. You may be billed individually or as part of a community for any cleaning necessary as a result of your behavior or the behavior of others in your community.

HOLIDAY DECORATIONS - You may use holiday lights for decorative purposes only in your room. You may only use lights designated for indoor use, and you may use no more than two strands of lights in any one room. Plug the lights into surge protectors, not extension cords, and turn the lights off when you leave. Do not put cords under or in the door frame, on or around pipes. You may not use exterior

ROOM DECORATIONS - When hanging anything on the walls or ceiling, use blue painter's tape or removable adhesive strips (like 3M Command Strips) to avoid damages. Nails, screws, thumbtacks, and pins will damage the walls, resulting in financial charges for repairs when you move out. Removable adhesive strips should not be placed on doors and should be left on the walls when moving out to avoid repair charges. Limit decorations to the interior of your room; they many not extend into the hallway. Staff may ask you to remove publically displayed material. You may have live plants in your room, but live trees are not permitted.

ROOM REFRICERATORS - One refrigerator per resident is allowed. Accommodations for medical reasons may be made for an additional refrigerator: see your Community Director for information.



ROOMMATE AGREEMENT

You are responsible for maintaining a good living environment for yourself and your roommate as well as following your roommate agreement. You must complete your roommate agreement within the time designated by Hall Staff, and you must follow it.

ROOM ASSIGNMENT

You must live in your assigned room. You may not enter another resident's room without permission, including through the bathroom of a shared suite. If you do not have an assigned roommate and if you are not in a room that is a designated single, be prepared to receive a roommate at any time. Keep the other side of the room clean and free of your belongings.

SMOKING

The University of Arizona is a tobacco free campus. This includes all forms of tobacco (cigarettes, cigars, chew tobacco, and e-cigarettes.) You may not smoke in or around the Residence Halls. Smoking and/or tobacco may be permitted for traditional, cultural, or religious uses, provided that such uses have been approved in advance by the Provost or the Provost's designee.



SPORTS AND GAMES

You may not participate in any kind of sport, horseplay or physically active game inside the residence hall, including, but not limited to: bouncing balls, roller blading, skateboarding, riding scooters, bowling, wrestling, playing Frisbee or tag, using squirt guns or having water fights.

THEFT

You may not commit theft of University or personal property in the residence halls. Stealing may lead to criminal prosecution.

Theft includes borrowing without permission or possession of stolen property.

TRANSACTIONS

Businesses: You may not operate any sort of business, legitimate or otherwise, out of your residence hall room. This includes, but is not limited to: the sale of cosmetics, magazines, cookware, services, hosting a gaming tournament for profit, etc.

Solicitation and Sales: You may not canvass or solicit funds in the residence halls. You may not engage in sales or distribute membership literature or subscriptions. Please report any unauthorized activity of this kind to a residence hall staff member or to UAPD.

Gambling: Playing cards for money and other forms of gambling are illegal as defined by Arizona State Law and are not permitted on the University of Arizona campus. Gambling includes, but is not limited to, betting on NCAA College basketball tournaments and other sporting events, or hosting a gaming tournament for profit.

TRESPASSING

Visitation restriction means that you are forbidden to be present in a specific residence hall or halls. In cases of eviction, you may not be present in any University-operated residence hall indefinitely. In cases of conduct related hall transfers, you are not permitted to be in your previous hall indefinitely. You may be cited for trespassing by UAPD.

WINDOWS AND SCREENS

Do not remove or damage the windows or screens in your residence hall. Do not lean out of windows, balconies or overhead walkways. Do not point laser-pointers into or out of any windows. Do not drop, suspend, throw or shoot anything from any window, balcony or overhead walkway; doing so can lead to eviction. Do not hang a banner, sign or satellite dish from your exterior windows or any wall of the residence hall.

SAFETY RESPONSIBILITIES

ASSAULT

Intentionally causing any physical harm to another person is not allowed and may lead to eviction from the residence halls.

DOMESTIC VIOLENCE

Any time residents are involved in a Domestic Violence dispute, their behavior is in violation of Residence Life policy and state law and will result in University of Arizona police being called to address the behavior. A domestic violence relationship involves persons residing or having resided in the same household, this means roommates or former roommates living in the residence hall.

For further information, please refer to http://azleg.gov/ ars/13/03601.htm

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EXPLOSIVE DEVICES

You may not make, possess or threaten to make or use a bomb, explosive, incendiary device or fireworks. If found responsible, you will be evicted.

FIRE SAFETY

We expect you to practice effective fire safety at all times by exercising prudent judgment and following fire safety guidelines established or revised for residence halls. Do not create fire or fire-like conditions in or around the residence hall facility.

INCLUDE

ARE NOT

- Use UL-approved electric cords and products, and use them according to manufacturer directions.
- Ensure that equipment or electrical appliances you use in the building are in excellent working condition at all times.
- Do not overload any electrical outlets; only power strips with surge protective/ circuit breakers are permitted.
- Do not decorate ceilings with flammable items (including holiday decorations).
- Do not hang or attach anything to a lamp or lighting fixture, or in anyplace that would hinder egress in the event of an emergency.
- Do not hang any objects in front of your closet.
- Do not obstruct, remove or tamper with fire sprinkler heads, smoke or heat detectors, room doors or windows. If your smoke detector is beeping, please alert a staff member immediately.

- Do not attach, hang or store anything on fire sprinkler heads or any pipes exposed in your room or hallway.
- Do not burn or possess candles, incense, kerosene lamps, lighter fluid, propane or charcoal.
- Do not have materials hazardous to the health and safety of residents in residence halls. These include, but are not limited to: chemicals, gasoline, kerosene and containers which have been used for storing pasceline. which have been used for storing gasoline.
- Do not possess or store a space heater or halogen lamp in your room. Both are a fire hazard and strictly prohibited in
- Do not overload outlets
- All students are required to exit during a fire alarm.

COOKING AND APPLIANCES

You may bring and use a microwave (800 watts or less), hot pot, coffee maker, rice cooker and hot air popcorn popper. Appliances having a visible heating element (for example, toasters, toaster ovens, George Foreman grills) or which use hot oil are not allowed. Take proper precautions to maintain a safe environment when using cooking appliances and facilities. Do not leave cooking items unattended.

HAZING

Hazing is defined as any act that injures, degrades, disgraces or tends to injure or frighten any person (regardless of the person's seeming willingness to participate in the activity). You may not haze anyone. If you are being hazed, or you know that hazing is occurring, call the hazing hotline at (520) 621-HAZE.

It is your responsibility to actively promote safety and security within this community, at all times. See the Residence Life Website for more details about safety and adhere to the following:

- Do not prop open or otherwise disable the latching/locking mechanism of any exterior, corridor, stairwell or interior door (excluding room doors) in the residence halls.
- Remove the prop from any door that you find propped open or otherwise unsecured and inform a staff member.
- Do not permit access to the residence hall by nonresidents who are not your personal guests and do not condone others doing so.
- Do not enter or exit the residence halls through designated exit doors or fire doors unless there is an emergency.
- Do not let anyone else in the residence halls through designated exit doors, fire doors, or balconies.
- You may not enter through exit doors at any time or enter/exit through designated fire doors, unless there is an emergency.

CatCard

It is your responsibility to carry your student ID with you at all times and present it upon request to any Residence Life staff that you know to be staff or are clearly identified as staff. If your CatCard is lost or stolen, notify the CatCard office immediately. It is a violation of policy to give your CatCard to someone else to use.

Keys/Access

Card-access buildings require the use of your University CatCard and individual Door Access Code to enter the exterior doors of your building. Keys and your CatCard are your responsibility and are not to be given to others to use. You will be issued a key to your assigned room and, where applicable, an entrance door key to your building and/or mailbox. You are required to return all keys issued when you check out. If you have issues with your CatCard or keys, please inform staff at the front desk of your residence hall.

Unauthorized Access

You may not enter restricted access areas. These areas may include, but are not limited to: front desks, roofs of residence halls and mechanical custodial rooms. You may not use another student's keys or CatCard to enter a residence hall or residence hall room. You may not use windows to enter or exit the building.



POLICIES and PROCEDURES for Hall Living

SEXUAL OFFENSES

Sexual Assault: The University does not tolerate sexual misconduct or abuse, such as sexual assault, rape or any other forms of nonconsensual sexual activity. Engaging in any of these behaviors will result in disciplinary action.

SEXUAL MISCONDUCT

Please note that the Student Code of Conduct defines sexual misconduct as "engaging in any nonconsensual sexual contact with another person(s), or indecent exposure." Please see the Student Code of Conduct http://deanofstudents.arizona.edu/sites/deanofstudents.arizona.edu/files/ Student_code_conduct2011.pdf, for additional information or updates.

THREATENING BEHAVIOR

THREATENING BEHAVIOR

PROHIBITED

"Threatening

behavior" means any statement, communication, conduct or gesture, including those in written form, directed toward any member of the University community that causes a reasonable apprehension of physical harm to a person or property. A student can be guilty of threatening behavior even if the person who is the object of the threat does not observe or receive it, so long as a reasonable person would interpret the maker's statement, communication, conduct or gesture as a serious expression of intent to physically harm. The Policy on Threatening Behavior by Students can be found http://policy. arizona.edu/threatening-behavior-students

WEAPONS

- · Ammunition: Live ammunition is not permitted in the residence halls.
- · Explosives and Fireworks: You may not sell, possess or use any kind of explosive device or fireworks.
- · Weapons: You may not possess, store, carry, or use any weapon, ammunition, or explosive as this is prohibited on all University property. The University of Arizona is a weapon-free campus, and this applies to the residence halls.
- · Simulated Weapons: The weapon-free campus policy also applies to simulated weapons. These include paintball guns or equipment, and any other material that can be used to intimidate, threaten or endanger others. All simulated weapons are prohibited from the residence halls. If you are found in possession of a simulated weapon, you may be subject to eviction from the residence hall community.

WEAPONS INCLUDE BUT NOT LIMITED T 0 :

- Firearms
- Simulated firearms
- Dangerous chemicals
- Any explosive device
- Electronic Control Device (Tasers)
- Nun chucks
- Brass Knuckles
- Knives

- **Butterfly knives**
- Swords
- Any other object that can be used to intimidate, threaten or endanger others.



RESIDENCE LIFE www.life.arizona.edu

ALCOHOL EDUCATION MENU

Please select one menu item, from any section of the menu, per organization that you will implement during the 2015 calendar year. Your order will be recorded on the attached order form. You will need to select 2 if you are not doing any hazing prevention presentations.

Appetizer

Please consider starting your alcohol education off with one of these programs:

Chapter Choice

Select an alcohol education program provided by your National Fraternity or Sorority. Be sure you describe this program on your order form so we know a little more about what you are ordering.

New Member Symposium

Attend this 90 minute keynote presentation designed to educate students on spring break safety and drunk driving. This program is free and is already required for all new members. This is a great program to send the entire chapter to because there is a lot of space at Centennial Hall.

Entrée

Please select one of our delicious alcohol programs for your "main course":

BASICS

A one-on-one, personalized approach, consisting of two, 1-hour sessions. This program pairs nicely with students who drink frequently and who you may be concerned about due to their alcohol use. This program is facilitated by Campus Health and students schedule individual appointments during Campus Health business hours. BASICS is free.

The Buzz

An interactive, games-based program for groups, 60-90 min. in length. This free workshop is great for the entire chapter or for different pledge classes, and can accommodate 25-100 people at a time.

Alcohol Screening Day

Stop by the Campus Health tent on the UA mall on April 9th from 10am-2pm for a quick assessment on your alcohol use. This quick assessment is a great way to get feedback on if you are drinking at a safe or healthy level. This assessment would be great for all members who drink and it is free.

Dessert

Save room for one of the following programs:

TIPS (Training for intervention procedures)

2 hrs — Individuals gain the knowledge and confidence they need to recognize potential alcohol-related problems and intervene to prevent alcohol-related tragedies. This program is for those who have friends, brothers or sisters that choose to drink. Individuals will have the opportunity to learn more about what influences how someone will behave when drinking and TIPS will also help individuals learn how to effectively intervenein situations involving alcohol so that they can promote safer drinking behaviors. We recommend this program for all chapter officers. Cost is \$15 per student and can be done with groups as small as 15 or as large 80. There will be several sessions scheduled throughout 2015 and will be on first come first serve basis.

E-Checkup to Go Alcohol

The Alcohol eCHECKUP TO GO will provide individuals with accurate and personalized feedback about: 1) Their individual drinking pattern, 2) Their risk patterns 3) Their aspirations and goals 4) Helpful resources at University of Arizona and in your community. You can ask them to complete it at this link www.health.arizona.edu/echeckup

2014 Health & Wellness Survey - Alcohol and Other Drug Trends (n=2175)

Notes:

- Weighted by gender, class and fraternity/sorority affiliation
- There have been significant changes in demographics over time:
 - O Decrease in those identifying as Caucasian (70% in 2002 to 60% in 2014)
 - o Increase in those participating in fraternities/sororities (10% in 2002 to 14% in 2014)

Alcohol:

- Many drinking behaviors have shown sustained decreases over time
 - Mean drinks per week decreased from 7.6 in 2002 to 4.3 in 2014 (includes non-drinkers).
 - Drinks per week among fraternity men has dropped from 20.0 in 2002 to 11.6 in 2014 and for sorority women it dropped from 7.5 in 2002 to 5.0 in 2014
 - The largest decreases in those consuming alcohol in the past 30 days have been found among those under 21, moving from 76% in 2002 to 56% in 2014 (up from 43% in 2013). Among those 21 and older, 30-day alcohol use has dropped from 79% in 2002 to 70% in 2014.
 - Heavy episodic drinking (5 or more drinks in one sitting at least once in the past 2 weeks) rose to a high point in 2007 at 46% but has decreased to 38% in 2014
 - Of those who reported heavy episodic drinking, the percent who did so 6 or more times in the past 2 weeks has decreased fairly steadily from 14% in 2002 to 4% in 2014
 - 80% of students consume ONLY 18% of the alcohol
- Most reported alcohol-related negative consequences have remained stable with the following exceptions:

Past 30 days

- While those who reported they had "missed a class due to drinking" had been gradually increasing from 18% in 2002 to 22% in 2013, this decreased to 19% in 2014
- Those who "used marijuana or other drugs while drinking" decreased from 26% in 2002 to 21% in 2014
- Those who have "driven under the influence" has also decreased steadily over time from 18% in 2002 to 6% in 2014
- Those who drove after drinking any alcohol has also decreased steadily since first asked in 2003 (29% to 15% in 2014).
- Percent of those who usually or always use most of the protective behaviors has increased over time with the exception of avoiding drinking games (40% in 2005 [first year asked] to 35% in 2014).

Other Substance Use:

- 30 day tobacco use decreased over time from 31% in 2002 to 21% in 2014
- 30 day marijuana use has decreased slightly from 27% in 2002 to 24% in 2014
- 30 day (illicit) use of other substances (first asked in 2009) has been fairly stable over time:
 - Cocaine 3%
 - Pain pills (oxy, Vicoden, Percocet, etc.) 6% in 2009 to 4% in 2014
 - Sedatives (Valium, Xanax, sleeping pills) 5% (up from 4% in 2013)
 - Ritalin/Adderall/Concerta 8% (up from 7% in 2013)